



EXTRA MURALS 2025 : Term 1

Discipline Coach Venue Time Grade

Sport

1	Basketball (B)	Mohale, Albert	Sportshall	Wed / Fr 07.05-07.45 <small>League matches during the week</small>	6 - 12
2	Basketball (G)	Mohale, Albert	Sportshall	Tue/Thur 07.05 - 07.45 <small>League matches during the week</small>	6 - 12
3	Basketball (WK2/3 for Olympiade only)	Mohale, Albert	Sportshall or outside field	Fr 14.30 - 15.50	6 - 12
4	Strength Training	Team Olympiade	Sportshall or outside field	Mo 07.00 - 07.40 Thu 14.30 - 15.50	5 - 11 9 - 11
5	Athletics	Dirr, Marion	Soccer field	Mon 14.30 - 15.50 (Grades 10 - 12) Wed 14.30 - 15.50 (Grades 5 - 9) <small>age groups strictly according to WK Olympiade Groups</small>	9 - 12 5 - 8
6	Handball (G)	Ntshanyana, Yandiswa Mdhlalose, Bongani	Sportshall or outside field	Thu 14.30 - 15.50	5 - 9
7	Handball (J)	Völker, Lorenz Mdhlalose, Bongani	Sportshall or outside field	Tue 14.30 - 15.50	5 - 9
8	Squash	Holland, Russell Holland, Nicholas	Parkview Sqash Centre	Fr 14.30 - 15.50 <small>(Bus from Valley Road)</small>	8 - 12
9	Tennis	Gounden, Mikayla	Tennis court	Thu 14.30 - 15.50	5 - 12
10	Soccer (G)	Nong, Alfred	Soccer field	Tue 14.30 - 15.50	5 - 12
11	Soccer (B)	Van Rooyen, Morgan Maditse, Neo	Soccer field	Tue / Thur 14.30 - 15.50	5 - 12
12	PS Swimming & Gala	Boebs, Melanie Dirr, Marion Sabrina Hart	Swimming Pool	Mo / Wed 14.30 - 15.50 (Galas on Fridays)	5 - 7
13	HS Swimming & Gala	Bell, Alex	Swimming Pool	Mo / Tue 14.30 - 15.50 and Wed 07.05 - 07.45 <small>(Galas on Thursdays or Tuesdays)</small>	8 - 12
14	Learn to Swim	Robertson, Tayla	Swimming Pool	Thu 14.30 - 15.50	6 - 7
15	Netzball	Fröhlich, Natalie Kock, Rochelle	Tennisplatz	Mo & Wed 14.30 -15.50	5 - 12
16	Volleyball	Zulu, Martin Muneta, Shammah Fatah, Lenah Mususu, Rejoice	Sportshall or outside field	Mo / Wed 14.30 - 15.50	7 - 12

Arts, Music, Dance and Others

17	Dance	McFarlane, Mandy	School Hall (or Amphitheatre)	Wed 14.30 - 15.50	5 - 12
18	Theatre	McFarlane, Mandy Horsten, Hannah	School Hall (or Amphitheatre)	Thu 14.30 - 15.50	7 - 12
19	Choir	Horsten, Hannah Mlokoti, Cooper	Primary School Music Room	Wed 14.30 - 15.50	5 - 12
20	Marimba	Ziegler, Viola	E002	Tue 14.30 - 15.50	6 - 12
21	School Orchestra	Ziegler, Viola	Music Room (behind school hall)	Wed 14.30 - 15.50	parents, teachers and learners
22	Coding & Robotics	Ehrke, Ludwig	C006	Mo 14.30 - 15.50 (ROBO MISSION, Grade 9 - 12) Tue 14.30 - 15.50 (INNOVATORS, Grade 7 - 12) Wed 14.30 - 15.50 (ROBO MISSION, Grade 5 - 8)	5 - 12
23	Public Speaking	Wilkins, Jennifer Horsten, Hannah Wilkins, Jennifer Stenemann, Simone Krichevsky, Nick Hanouch, Dena Wilkins, Marian	Grade 7 Grade 8 Grade 9 Grade 10 Grade 11 Grade 12 Individual & Trophy	by arrangement	7 - 12
24	Tour de Maths	Johnson, Carina	D202	by arrangement	8 - 10
25	English Olympiad	Botha, Tania Stenemann, Simone	E103 E201	by arrangement	9 - 12
26	Schulcast (Podcasts & Video Editing)	Ofosu, Dennis	C102	Tue 14.30 - 15.50	5 - 12
27	Crocheting with a Purpose	Wilkins, Jennifer	C204	Tue 14.30 -15.50 <small>beginners and advanced participants welcome</small>	5 - 12
28	Book Club	Johannsen, Pam	Lernzentrum / Library	Tue 14.30 - 15.50	5 - 7
29	Genius Hub (homework, reading, test preparations, German and math training)	Broich, Brigitte	C106	Mo - Thu 14.40 - 15.50	5 - 12

As at 5 December 2024 - Subject to Change