



EXTRA MURALS 2023 : Term4

Discipline Coach Venue Time Grade

Sport

1	Basketball (B) (Beginners & Advanced)	Mohale, Albert	Sportshall or outside field	Mon / Fr 07.05-07.45	6 - 12
2	Basketball (G) (Beginners & Advanced)	Mohale, Albert	Sportshall or outside field	Tue/Thur 07.05 - 07.45	6 - 12
3	Basketball (B & G - beginners only)	Mohale, Albert	Sportshall or outside field	Wed 07.05 - 07.45	6 - 12
4	Handball (B)	Mdhlalose, Bongani	Outside field (or sportshall)	Tue 14.30 - 15.50	6 - 9
5	Handball (G)	Mdhlalose, Bongani	Outside field (or sportshall)	Thu 14.30 - 15.50	6 - 9
6	Squash	Holland, Russell Holland, Nicholas	Parkview Squash Court (Bus from Valley Road gate)	Fr 14.30 - 15.50	8 - 12
7	Tennis	Team Tennis	Tennis court	Thu 14.30 - 15.50	5 - 12
8	Soccer (G)	Buttress, Gretel	Soccer field	Tue 14.30 - 15.50	5 - 12
9	Soccer (B)	Van Rooyen, Morgan	Soccer field	Tue / Thu 14.30 - 15.50	5 - 12
10	PS Swimming & Gala	Boebs, Melanie Dirr, Marion Hart, Sabrina	Swimming Pool	Mo / Wed 14.30 - 15.50 (galas on Fridays)	5 - 7
11	HS Swimming & Gala	Bell, Alex	Swimming Pool	Mo / Tue 14.30 - 15.50 and Wed 07.05 - 07.45 (Galas on Tuesdays or Thursdays)	8 - 12
12	Learn to Swim	Driemel, Leigh	Swimming Pool	Thu 14.30 - 15.50	5 - 7
13	Netball	Fröhlich, Natalie Kock, Rochelle	Tennis court	Mo 14.30 -15.50	5 - 12
14	Volleyball	Muswazi, Anesu Murenga, Simon Fatah, Lenah Mususu, Rejoice	Sportshall or outside field	Mo / Wed 14.30 - 15.50	7 - 12

Arts, Music & Dance

15	Hip Hop	McFarlane, Mandy	School Hall (or Amphitheatre)	Tue 14.30 - 15.50	5 - 12
16	Dance Fit	McFarlane, Mandy	School Hall (or Amphitheatre)	Thu 14.30 - 15.50	5 - 12
17	Theatre Production	McFarlane, Mandy McFarlane, Carlo	School Hall	Mo 14.30 -15.50	5 - 12
18	Choir	Schell, Hannah Mlokoti, Cooper	Multi Media Room	Wed 14.30 - 15.50	5 - 12
19	Marimba	Ziegler, Viola	D207	Thu 14.30 - 15.50	5 - 12
20	School Orchestra	Ziegler, Viola	School Hall	Wed 14.30 - 15.50	parents, teachers and learners

Various

21	"Schulcast"	Labhadur, Shazia Ofoso, Dennis	C006 C102	Fr 12.30 - 13.00 Wed 14.30 - 15.50	6 - 11
22	Book Club	Johannsen, Pam	Lernzentrum / Library	Tue 14.30 - 15.50	5 - 7
23	Genius Hub (homework, reading, test preparations, German and math training)	Broich, Brigitte	C102	Mo - Thu 14.40 - 15.50	5 - 12

As at 18 September 2023 - Subject to Change